

# Points to Note for Attending Riding Lessons at the Public Riding Schools

There are risks and dangers involved in horse riding which may result in damage to personal property, illness, personal injury or death. These risks and dangers may arise from foreseeable or unforeseeable circumstances. The Hong Kong Jockey Club strongly advises that participants in horse riding activities take out insurance to cover the risks of damage to personal property, illness, personal injury or death.

Please observe and adhere to the following safety guidelines, payment policies and cancellation procedures:

1. Riders must complete and return the Release and Indemnity Form to the schools before the first time of riding.
2. Riders must arrive at least 15 minutes before the start of lessons.
3. Riding apparel are required:

- **Helmet approved by The British Horse Society:**

PAS 015 (2011) or VG1 01.040 (2014-12) with BSI Kitemark or Inspec IC Mark	ASTM F1163 (2015 or 2023) with SEI mark	SNELL (E2016 or 2021 onwards) with official SNELL label and number	AS/NZS 3838 (2006 onwards) with SAI Global mark	BS EN1384:2023 with BSI Kitemark or Inspec IC Mark
---	---	---	---	--

- **Gloves:** To protect your hands when holding the reins.
  - **Footwear:** Long boots or short boots with chaps that will not slip off. The sole must be smooth with 1 inch heel.
  - **Trousers:** Must be comfortable. Jeans tend to rub and leggings are too thin. Ideally a pair of jogging pants, Jodhpurs or breeches is the best to start with.
  - **Shirt:** Short/long sleeves are recommended to protect your shoulders. Vest or sleeveless tops are not allowed. Body protector is recommended for cross country riding or jumping.
  - **Jewellery:** Must be removed before riding.
4. Riders must be 6 years old or above with the weight limit of 48kg for pony and 70kg for horse. The Public Riding Schools reserves the right to ask riders to go on the weighing scales for clarification.
  5. Riders must be in good physical condition and in good health to participate in horse riding activities. For safety reasons, Public Riding Schools shall have the discretion to suspend or cancel the lessons if there are any potential risks to the riders, staff or horses.
  6. The Public Riding Schools may request the riders, at any time, to present an up-to-date medical certificate from a registered medical practitioner, confirming that they are fit to participate in the riding lessons.
  7. Riding lessons will be charged on monthly basis and advance payment must be made at the end of each calendar month for next month's booking by cash, cheque or credit card (Visa/Master). If payment is made by cheque, this should be made payable to "The Hong Kong Jockey Club".
  8. Advance payment can be made at either one of the riding schools at Lei Yue Mun and Tuen Mun. If the account balance does not have sufficient fund, the system will automatically send a payment reminder to the riders on the following working day for prompt settlement. Riders who incur negative account balance for the second time consecutively, their riding spaces and future bookings at all schools will be automatically suspended until the outstanding payment is settled.
  9. Cancellation must be made at or before 12:00 noon one day prior to the lesson, otherwise 100% of the relevant fee will be automatically charged by the system for late cancellation.
  10. If the cancellation is due to sickness or health problem, a notification must be given before the start of lesson. A medical certificate issued by a registered medical practitioner must be presented to the school within 7 days, otherwise 100% of the relevant fee will be automatically charged by the system for late submission or absence without notice. The date of medical certificate must be on the day or one day before/after the lesson.
  11. To ensure riders' safety, equestrian coaches have the discretion to cancel riding lessons. Absentee will be charged 100% of the relevant fee without following the cancellation procedure as above-mentioned in (9) and (10).
  12. The Public Riding Schools reserve all rights to change equestrian coach and horse assignments due to operation needs and notice will not be given in advance.
  13. The Public Riding Schools reserve all rights to cancel the permanent riding spaces of those riders below 50% attendance rate for a period of two consecutive months. Riders are welcome to rejoin the lessons when spaces become available.
  14. Limited time-slots will be offered for private or semi-private lessons between Mondays and Fridays from 8:00 a.m. to 6:00 p.m. at the Tuen Mun Public Riding School. Please send email to [activity.tm@hkjc.org.hk](mailto:activity.tm@hkjc.org.hk) from 8:30 a.m. on Wednesday to make the application for next week's lessons on a first come, first served basis.
  15. No riding lessons but only stable management lessons will be held when tropical cyclones warning signal no. 3 or red rainstorm signal is in force. School will be closed when tropical cyclones warning signal no. 8 or black rainstorm signal is hoisted. For other inclement weather arrangements, please contact us at:

- Lei Yue Mun Public Riding School Tel: 2568 9776 Email: [riding.lym@hkjc.org.hk](mailto:riding.lym@hkjc.org.hk)
- Tuen Mun Public Riding School Tel: 2461 3338 Email: [riding.tm@hkjc.org.hk](mailto:riding.tm@hkjc.org.hk)

## Recommended Dress Code For Riding

## 建議策騎裝備

Helmet approved by British Horse Society

英國馬術協會認可頭盔



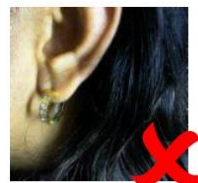
Long hair should be tied back in a ponytail or hairnet

長髮必須束起馬尾或用髮網束起



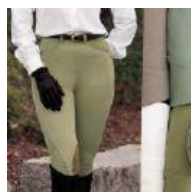
No jewellery

不可佩戴飾物



Tucked in shirt, T-shirt or jumper (Vest or sleeveless tops **are not allowed**)

束入的長或短袖上衣 (切勿穿著背心或無袖上衣)



Gloves

手套



Breeches or jodhpurs

馬褲或禮褲



Long boots or short boots with chaps

長靴或短靴連護腿墊套



Short whip for pony 小馬用短馬鞭  
(60 - 75cm 厘米)

Long whip for horse 大馬用長馬鞭  
(95 - 110cm 厘米)

